



Tiger Town

MENU FOR WEEK OF 10/15/18–10/19/18

Monday	Tuesday	Wednesday	Thursday	Friday
<p>10/15/2018</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Cinni Minni</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> PopCom Chicken Yogurt Parfait/Granola Taco/Nachos Delisandwiches/Chips Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>	<p>10/16/2018</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Breakfast Burritos</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Spaghetti W/Roll Yogurt Parfait/Granola Pizza Delisandwiches/Chips Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>	<p>10/17/2018</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Minni Pancakes</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Sloppy Joe Yogurt Parfait/Granola Taco/Nachos Delisandwiches/Chips Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>	<p>10/18/2018</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Texas Toast</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Chicken Enchilladas Yogurt Parfait/Granola Pizza Delisandwiches/Chips Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>	<p>10/19/2018</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Cinnamon Rolls</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Chicken Quesadilla Yogurt Parfait/Granola Taco/Nachos Delisandwiches/Chips Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>

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Grades K-12 Paid Students: Breakfast \$1.10

Grades K-4 Lunch \$2.80

Grades 5-12 Lunch \$3.00

K-12 Free/Reduced Meal Prices Breakfast & Lunch: Free

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MENU FOR WEEK OF 10/22/18–10/26/18

Monday	Tuesday	Wednesday	Thursday	Friday
<p>10/22/2018</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Cinni Minni</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Com Dog</p> <p>Yogurt Parfait/Granola</p> <p>Taco/Nachos</p> <p>Delisandwiches/Chips</p> <p>Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>	<p>10/23/2018</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Breakfast Burritos</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Stir Fry</p> <p>Yogurt Parfait/Granola</p> <p>Pizza</p> <p>Delisandwiches/Chips</p> <p>Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>	<p>10/24/2018</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Minni Pancakes</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Chicken Burger</p> <p>Yogurt Parfait/Granola</p> <p>Taco/Nachos</p> <p>Delisandwiches/Chips</p> <p>Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>	<p>10/25/2018</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Texas Toast</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Chili w/ Roll</p> <p>Yogurt Parfait/Granola</p> <p>Pizza</p> <p>Delisandwiches/Chips</p> <p>Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>	<p>10/26/2018</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Cinnamon Rolls</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Chicken Alfredo</p> <p>Yogurt Parfait/Granola</p> <p>Taco/Nachos</p> <p>Delisandwiches/Chips</p> <p>Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>

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Grades 5-12 Lunch \$3.00

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MENU FOR WEEK OF 10/29/18-11/2/18

Monday	Tuesday	Wednesday	Thursday	Friday
<p>10/29/2018</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Cinni Minni</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Cheese Burger</p> <p>Yogurt Parfait/Granola</p> <p>Taco/Nachos</p> <p>Delisandwiches/Chips</p> <p>Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>	<p>10/30/2018</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Breakfast Burritos</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Baked Potato Bar</p> <p>Yogurt Parfait/Granola</p> <p>Pizza</p> <p>Delisandwiches/Chips</p> <p>Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>	<p>10/31/2018</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Minni Pancakes</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> BBQ Sandwich</p> <p>Yogurt Parfait/Granola</p> <p>Taco/Nachos</p> <p>Delisandwiches/Chips</p> <p>Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>	<p>11/1/2018</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Texas Toast</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Mac N Cheese</p> <p>Yogurt Parfait/Granola</p> <p>Pizza</p> <p>Delisandwiches/Chips</p> <p>Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>	<p>11/2/2018</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Cinnamon Rolls</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Casserole</p> <p>Yogurt Parfait/Granola</p> <p>Taco/Nachos</p> <p>Delisandwiches/Chips</p> <p>Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>

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MENU FOR WEEK OF 11/5/18–11/9/18

Monday	Tuesday	Wednesday	Thursday	Friday
<p>11/5/2018</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Cinni Minni</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> PopCom Chicken Yogurt Parfait/Granola Taco/Nachos Delisandwiches/Chips Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>	<p>11/6/2018</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Breakfast Burritos</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Spaghetti w/Roll Yogurt Parfait/Granola Pizza Delisandwiches/Chips Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>	<p>11/7/2018</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Minni Pancakes</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Sloppy Joe Yogurt Parfait/Granola Taco/Nachos Delisandwiches/Chips Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>	<p>11/8/2018</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Texas Toast</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Chicken Enchiladas Yogurt Parfait/Granola Pizza Delisandwiches/Chips Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>	<p>11/9/2018</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Cinnamon Rolls</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Chicken Quesadilla Yogurt Parfait/Granola Taco/Nachos Delisandwiches/Chips Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>

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MENU FOR WEEK OF 11/12/18–11/16/18

Monday	Tuesday	Wednesday	Thursday	Friday
11/12/2018 Breakfast <u>No School</u>	11/13/2018 Breakfast <u>Entrée Choice</u> Breakfast Burritos Cereal & Grain Choices Benefit Bar Protein Choices <u>Fruit Choices</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	11/14/2018 Breakfast <u>Entrée Choice</u> Minni Pancakes Cereal & Grain Choices Benefit Bar Protein Choices <u>Fruit Choices</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	11/15/2018 Breakfast <u>Entrée Choice</u> Texas Toast Cereal & Grain Choices Benefit Bar Protein Choices <u>Fruit Choices</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	11/16/2018 Breakfast <u>Entrée Choice</u> Cinnamon Rolls Cereal & Grain Choices Benefit Bar Protein Choices <u>Fruit Choices</u> <u>Milk Choices</u> 1% or Nonfat Chocolate
Lunch <u>No School</u>	Lunch <u>Entrée Choice</u> Sir Fry Yogurt Parfait/Granola Pizza Deli Sandwiches/Chips Chef Salad <u>Fruit & Veggie Bar</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	Lunch <u>Entrée Choice</u> Chicken Burger Yogurt Parfait/Granola Taco/Nachos Deli Sandwiches/Chips Chef Salad <u>Fruit & Veggie Bar</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	Lunch <u>Entrée Choice</u> Chili W/Roll Yogurt Parfait/Granola Pizza Deli Sandwiches/Chips Chef Salad <u>Fruit & Veggie Bar</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	Lunch <u>Entrée Choice</u> Chicken Alfredo Yogurt Parfait/Granola Taco/Nachos Deli Sandwiches/Chips Chef Salad <u>Fruit & Veggie Bar</u> <u>Milk Choices</u> 1% or Nonfat Choc

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Tiger Town

MENU FOR WEEK OF 11/26/18–11/30/18

Monday	Tuesday	Wednesday	Thursday	Friday
<p>11/26/2018</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Cinni Minni</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Cheese Burger</p> <p>Yogurt Parfait/Granola</p> <p>Taco/Nachos</p> <p>Delisandwiches/Chips</p> <p>Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>	<p>11/27/2018</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Breakfast Burritos</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Baked Potato Bar</p> <p>Yogurt Parfait/Granola</p> <p>Pizza</p> <p>Delisandwiches/Chips</p> <p>Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>	<p>11/28/2018</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Minni Pancakes</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> BBQ Sandwich</p> <p>Yogurt Parfait/Granola</p> <p>Taco/Nachos</p> <p>Delisandwiches/Chips</p> <p>Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>	<p>11/29/2018</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Texas Toast</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Mac N Cheese</p> <p>Yogurt Parfait/Granola</p> <p>Pizza</p> <p>Delisandwiches/Chips</p> <p>Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>	<p>11/30/2018</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Cinnamon Rolls</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Casserole</p> <p>Yogurt Parfait/Granola</p> <p>Taco/Nachos</p> <p>Delisandwiches/Chips</p> <p>Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>

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