



MENU FOR WEEK OF 1/7/19-1/11/19

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1/7/2019</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Cinni Minni Cereal & Grain Choices Benefit Bar Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> PopCom Chicken Yogurt Parfait/Granola Taco/Nachos Delisandwiches/Chips Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>	<p>1/8/2019</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Breakfast Burritos Cereal & Grain Choices Benefit Bar Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Spaghetti w/ roll Yogurt Parfait/Granola Pizza Delisandwiches/Chips Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>	<p>1/9/2019</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Minni Pancakes Cereal & Grain Choices Benefit Bar Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Sloppy Joe Yogurt Parfait/Granola Taco/Nachos Delisandwiches/Chips Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>	<p>1/10/2019</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Texas Toast Cereal & Grain Choices Benefit Bar Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Chicken Enchiladas Yogurt Parfait/Granola Pizza Delisandwiches/Chips Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>	<p>1/11/2019</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Cinnamon Rolls Cereal & Grain Choices Benefit Bar Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Chicken Quesadilla Yogurt Parfait/Granola Taco/Nachos Delisandwiches/Chips Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>

Children in SNAP and/or TANF households and Foster Children are eligible for free meals. Children may qualify for Free or Reduced-Price School Meals based on the Federal Income Guidelines. Complete the On-Line Application or fill out the paper application. Mail or deliver it to: YCSD, 120 N. Larch Place, Yamhill, OR 97148. If you have questions or need help, call Shloh Fieck (503) 852.7610.

Grades K-12 Paid Students: Breakfast \$1.10

Grades K-4 Lunch \$2.80

Grades 5-12 Lunch \$3.00

K-12 Free/Reduced Meal Prices Breakfast & Lunch: Free

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MENU FOR WEEK OF 1/14/19-1/18/19

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1/14/2019</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Cinni Minni</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Com Dog w/ chips Yogurt Parfait/Granola Taco/Nachos Delisandwiches/Chips Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>	<p>1/15/2019</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Breakfast Burritos</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Stir Fry Yogurt Parfait/Granola Pizza Delisandwiches/Chips Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>	<p>1/16/2019</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Minni Pancakes</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Chicken Burger Yogurt Parfait/Granola Taco/Nachos Delisandwiches/Chips Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>	<p>1/17/2019</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Texas Toast</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Chili w/ Roll Yogurt Parfait/Granola Pizza Delisandwiches/Chips Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>	<p>1/18/2019</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Cinnamon Rolls</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Chicken Alfredo Yogurt Parfait/Granola Taco/Nachos Delisandwiches/Chips Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>



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MENU FOR WEEK OF 1/14/19-1/18/19

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<p>1/14/2019</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Cinni Minni</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Com Dog w/ chips Yogurt Parfait/Granola Taco/Nachos Delisandwiches/Chips Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>	<p>1/15/2019</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Breakfast Burritos</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Stir Fry Yogurt Parfait/Granola Pizza Delisandwiches/Chips Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>	<p>1/16/2019</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Minni Pancakes</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Chicken Burger Yogurt Parfait/Granola Taco/Nachos Delisandwiches/Chips Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>	<p>1/17/2019</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Texas Toast</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Chili w/ Roll Yogurt Parfait/Granola Pizza Delisandwiches/Chips Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>	<p>1/18/2019</p> <p>Breakfast</p> <p><u>Entrée Choice</u> Cinnamon Rolls</p> <p>Cereal & Grain Choices</p> <p>Benefit Bar</p> <p>Protein Choices</p> <p><u>Fruit Choices</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p> <hr/> <p>Lunch</p> <p><u>Entrée Choice</u> Chicken Alfredo Yogurt Parfait/Granola Taco/Nachos Delisandwiches/Chips Chef Salad</p> <p><u>Fruit & Veggie Bar</u></p> <p><u>Milk Choices</u> 1% or Nonfat Chocolate</p>



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Tiger Town

MENU FOR WEEK OF 1/21/19-1/25/19

Monday	Tuesday	Wednesday	Thursday	Friday
1/21/2019	1/22/2019	1/23/2019	1/24/2019	1/25/2019
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
<u>Entrée Choice</u>	<u>Entrée Choice</u>	<u>Entrée Choice</u>	<u>Entrée Choice</u>	<u>Entrée Choice</u>
Cinni Minni	Bre a kfa st Buritos	Minni Pa nc a ke s	Te xa s To a st	Cinna mon Rolls
Cere al & Gra in Cho ice s	Cere al & Gra in Cho ice s	Cere al & Gra in Cho ice s	Cere al & Gra in Cho ice s	Cere al & Gra in Cho ice s
Be ne fit Ba r	Be ne fit Ba r	Be ne fit Ba r	Be ne fit Ba r	Be ne fit Ba r
Pro te in Cho ice s	Pro te in Cho ice s	Pro te in Cho ice s	Pro te in Cho ice s	Pro te in Cho ice s
<u>Fruit Choices</u>	<u>Fruit Choices</u>	<u>Fruit Choices</u>	<u>Fruit Choices</u>	<u>Fruit Choices</u>
<u>Milk Choices</u>	<u>Milk Choices</u>	<u>Milk Choices</u>	<u>Milk Choices</u>	<u>Milk Choices</u>
1% or Nonfat Choc ola te	1% or Nonfat Choc ola te	1% or Nonfat Choc ola te	1% or Nonfat Choc ola te	1% or Nonfat Choc ola te
Lunch	Lunch	Lunch	Lunch	Lunch
<u>Entrée Choice</u>	<u>Entrée Choice</u>	<u>Entrée Choice</u>	<u>Entrée Choice</u>	<u>Entrée Choice</u>
Che e se Bu rge r	Ba ke d Po ta to Ba r	BBQ Sa nd wic h	Ma c N Che e se	Ca sse role
Yo gurt Pa rfa it/Gra no la	Yo gurt Pa rfa it/Gra no la	Yo gurt Pa rfa it/Gra no la	Yo gurt Pa rfa it/Gra no la	Yo gurt Pa rfa it/Gra no la
Ta co/Na cho s	Pizza	Ta co/Na cho s	Pizza	Ta co/Na cho s
De li Sa nd wic he s/Chips	De li Sa nd wic he s/Chips	De li Sa nd wic he s/Chips	De li Sa nd wic he s/Chips	De li Sa nd wic he s/Chips
Che f Sa la d	Che f Sa la d	Che f Sa la d	Che f Sa la d	Che f Sa la d
<u>Fruit & Veggie Bar</u>	<u>Fruit & Veggie Bar</u>	<u>Fruit & Veggie Bar</u>	<u>Fruit & Veggie Bar</u>	<u>Fruit & Veggie Bar</u>
<u>Milk Choices</u>	<u>Milk Choices</u>	<u>Milk Choices</u>	<u>Milk Choices</u>	<u>Milk Choices</u>
1% or Nonfat Choc ola te	1% or Nonfat Choc ola te	1% or Nonfat Choc ola te	1% or Nonfat Choc ola te	1% or Nonfat Choc ola te



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